

# ***Toward a SCOTLAND – NEW SCOTLAND ALLIANCE: Imagining the Possibilities***

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MAY, 2018



DALHOUSIE 1818  
UNIVERSITY 2018

# ACKNOWLEDGEMENTS

**Cheryl Hubley-Kozey, Associate Dean  
Research, and Suzie Officer, Special  
Projects, Faculty of Health Dalhousie**

**Tara Sampalli and all our participants from  
Dal, the NS Health Authority, Dept. of Health  
and Wellness, NS Health Research  
Foundation, etc.**

**SCOTTISH SCHOOL OF PRIMARY CARE**



**DALHOUSIE 1818  
UNIVERSITY 2018**

MR. HENRI  
05/04/2016

... DID YOU  
HAVE TO WEAR  
THAT SHIRT..?

CLIMATE  
CHANGE  
IS A  
**NOAX**



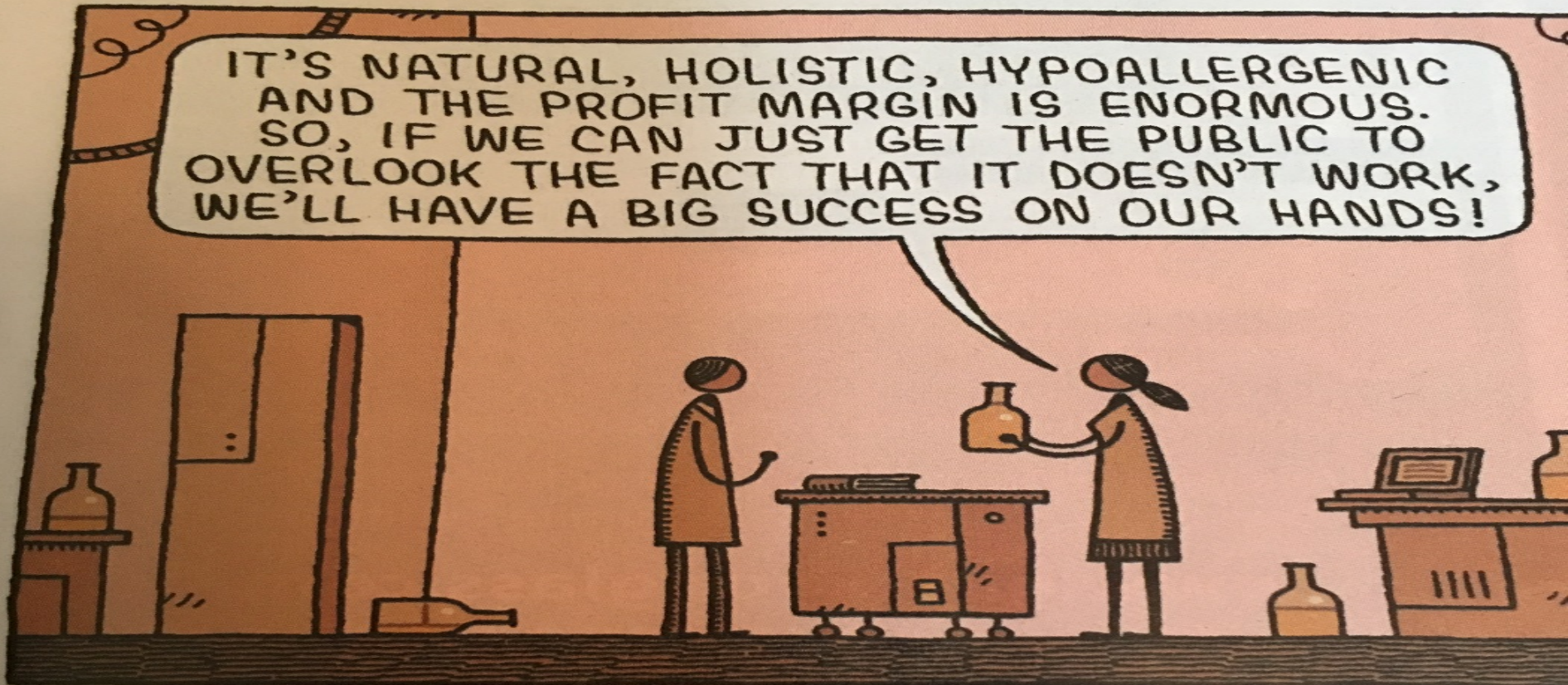
# •Nat and Mom



# Realistic Medicine

- *How might it help address some of our most fundamental health and social problems like aging and multi-morbidity?*
- *How might it help build a strong platform for delivering and studying high quality integrated primary care?*
- *How can we use it to optimize human and financial resources*
- *What does a supportive research and policy environment look like?*
- *Can we work together on these questions?*

IT'S NATURAL, HOLISTIC, HYPOALLERGENIC  
AND THE PROFIT MARGIN IS ENORMOUS.  
SO, IF WE CAN JUST GET THE PUBLIC TO  
OVERLOOK THE FACT THAT IT DOESN'T WORK,  
WE'LL HAVE A BIG SUCCESS ON OUR HANDS!



# Choosing Wisely Canada

- Provincial/Territorial Campaigns – provincial priorities
- National coordinating structure
- De-Implementing low value care
  - Building a strong implementation science approach – innovative clinical trials - cluster randomized trials
  - What matters most to patients and families/shared decision making

# TOWARDS A SCOTLAND – NEW SCOTLAND ALLIANCE

## *Why Collaborate?*

- Same Population Health Issues
- Same Issues and Interests in Primary Care Improvement
- Same Values – Publicly Funded Systems
- Not in Competition
- BIG and DIFFERENT Neighbours to the South
- Size Advantage for Research and Innovation
- Direct Westjet Flight
- Magical Places with Shared History and Culture

# CHOGYAM TRUNGPA

“IN BOTH SCOTLAND AND NEW SCOTLAND (NOVA SCOTIA), THE LANDSCAPE AND THE PEOPLE PROVIDE A KIND OF PRIMAL AND DEEPLY FELT SETTING THAT IS IN SHARP CONTRAST TO THE DOMINANT CULTURES OF ENGLAND AND THE UNITED STATES.”

“IT IS TIME TO BE SMALL. IT IS NOT TIME TO BE BIG. IT IS TIME TO BE MODEST.”

- Midal, F., 2012





## ANGUS "THE RIDGE" MACDONALD





# Controversial Cornwallis statue removed from Halifax park

Halifax regional council voted 12-4 in favour of putting statue of city founder in storage

Cassie Williams, Anjuli Patil · CBC News · Posted: Jan 31, 2018 11:08 AM AT | Last Updated: January 31



# Scotland – New Scotland Integrated Primary Care Initiative

**Inaugural Meeting, September 28th-30th, 2017**

**Hosted by the Faculty of Health, Dalhousie University**

**September 28th-30th 2017**



# Purpose:

To discuss interests and experiences – to identify opportunities for collaboration (research, training, policy and practice) to improve integrated primary care

# Participants

- **The Scotland Team** – Stewart Mercer, Gregor Smith and John Gillies (Anne Hendry)

## **The Halifax Team/Participants** – Lead: Dalhousie Faculty of Health

- Nova Scotia Department of Health and Wellness
- Nova Scotia Health Authority
- Dalhousie Healthy Populations Institute
- Nova Scotia Health Research Foundation
- Collaborative Research In Primary Care Unit
- Dal Centre for Transformative Nursing and Health Research
- Dal Schools of Family Medicine, Health and Human Performance and Pharmacy



# WHAT WE DID

*A SYMPOSIUM, MEETINGS WITH RESEARCHERS,  
PRACTITIONERS AND GOVERNMENT - DM HEALTH;  
RESEARCH AND PRACTICE SITES*

- BEGAN LEARNING ABOUT OUR RESPECTIVE RESEARCH, POLICY AND PRACTICE ENVIRONMENTS
- DISCUSSED POPULATIONS AND HEALTH ISSUES
- SHARED GOALS, ORGANIZATIONAL STRUCTURES And STRATEGIES
- SHARED RESEARCH AND SUPPORT FOR RESEARCH AND TRAINING
- SHARED ISSUES

# OUR HEALTH CENTRE, CHESTER, NOVA SCOTIA



# COMMON ISSUES

- ***COMPLEX CHANGE PROCESSES – IMPLEMENTATION OF INTEGRATED PRIMARY CARE***
- ***UNATTACHED PATIENTS/RECRUITMENT***
- ***COLLABORATIVE, INTEGRATED TEAM PROCESSES***
- ***PAYMENT SYSTEMS***
- ***SCOPE OF PRACTICE – OPTIMIZING HUMAN AND FINANCIAL RESOURCES***
- ***MEDICATION MANAGEMENT***
- ***ELECTRONIC HEALTH RECORDS/PATIENT PORTALS***
- ***MEASURING EFFECTIVENESS***
- ***TRAINING AND RESEARCH OPTIMIZATION***
- ***WE NEED COURAGE AND A STRONG SET OF VALUES...AND WE NEED TO STOP DOING THINGS THAT DO NOT ADD VALUE!!***

# We want to Foster Innovation Examples

## SCOTLAND

- INTEGRATED HEALTH AND SOCIAL CARE: LET A THOUSAND FLOWERS BLOOM - CONCEPT
- PRIMARY CARE PRACTICE INNOVATION
- HEALTH DISPARITIES AND MENTAL HEALTH SERVICES

## NOVA SCOTIA

- COLLABORATIVE CARE STRATEGY
- NEWCOMER AND IMMIGRANT PRIMARY CARE
- APPROACHES TO ADDRESS MULTIMORBIDITY

# How can we foster innovation???

# A SAMPLING OF THE 14 RECOMMENDATIONS

- *INNOVATION – IDEA INCUBATOR*
- *RESEARCH IN INTEGRATED PRIMARY HEALTHCARE – BUILD FROM CURRENT INNOVATIONS AND PROJECTS (SPOR)*
- *LINKAGES AMONG INDIVIDUALS AND GROUPS*
- *SHARE TOOLS AND RESOURCES*
- *WRITE PAPERS – SPECIAL ISSUE?*
- *HEALTH SYSTEM COACHING*
- *POTENTIAL FUNDING SOURCES*
- *CONDUCT NOVEL IMPLEMENTATION SCIENCE PROJECTS TOGETHER*
- *SUPPORT VISITING SCHOLARS/INVOLVE STUDENTS AND TRAINEES*
- *SHARE LEARNINGS FROM OUR RESPECTIVE NETWORKS*

*“THERE WAS REAL ENERGY AND BUZZ IN THE ROOM. IT IS LIKE YOU INVITED PEOPLE TO A PARTY AT YOUR HOUSE AND NOW THEY WON’T LEAVE!”*

---CHERYL HUBLEY-KOZEY,  
DALHOUSIE UNIVERSITY

# Two Specific Initiatives Have Emerged

1. A Comparative Analysis of  
Integrated/Collaborative Primary Care  
...Focus? Multi-morbidity and Complex  
Care

Post doc; teams; special issue

“Middle ground research”

## 2. Scotland-New Scotland Friendly Innovation Challenge

A Chance to Showcase  
Promising Ideas Whether  
Tested or Untested

Panel of Judges to Provide  
Feedback.....Prizes

...Innovation Sandbox????  
Integrated Research Strategy??

# Digital Enabled Person-Centred Care

Dr. Carolyn Steele-Gray, Lunenfeld-Tanenbaum Res. Institute, Sinai Health

- Health information and eHealth technologies can enable health system transformation



Supporting person-centred delivery and integrated models of care

## ePRO Tool Example:

Supports collaborative goal-setting between patients

and their inter-professional primary care providers

Allows for prioritization of multiple needs aligned to what is **most meaningful to patients**

Shown to support both patient **and** provider behavior change by prompting new conversations and areas of focus

# ePRO Mobile Application and Portal



Patients & providers collaboratively set goals

Patients use mobile app to monitor goals and related health outcomes



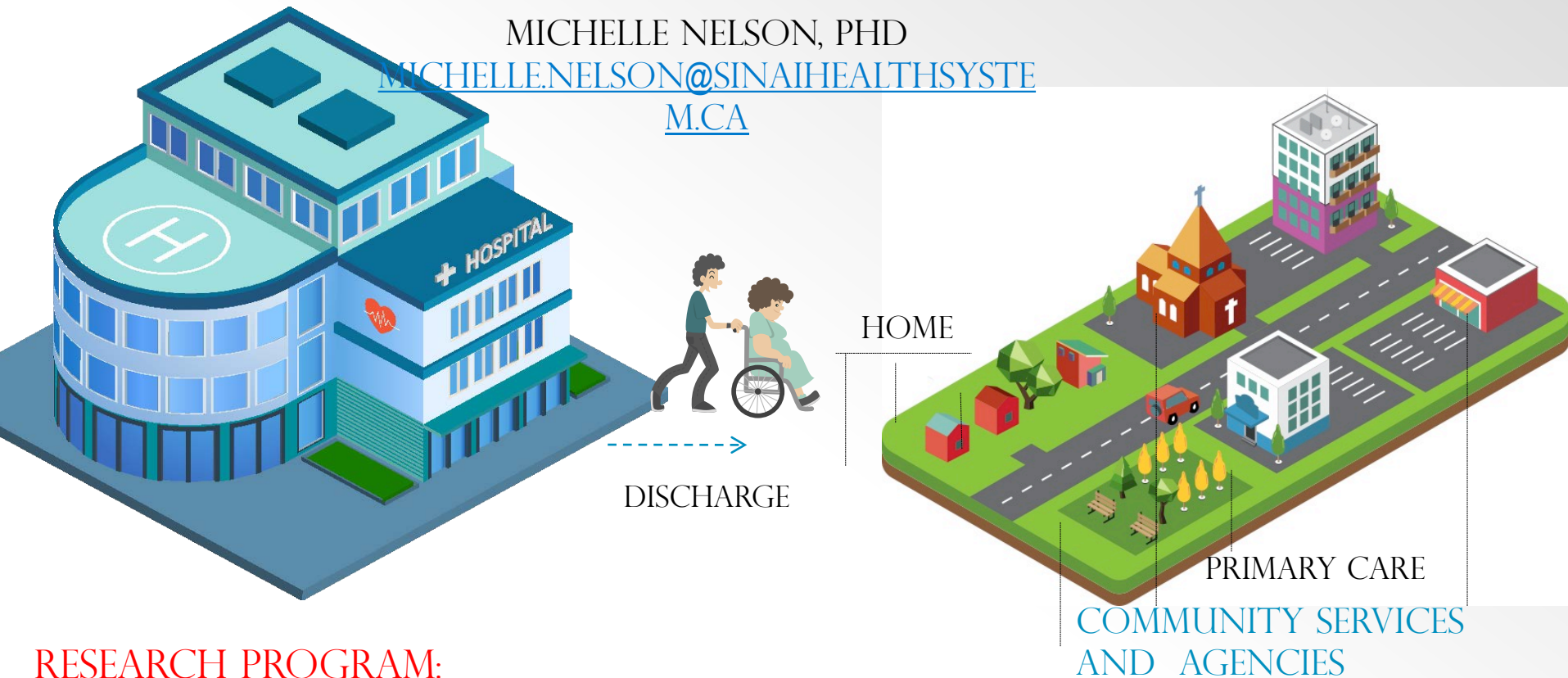
Providers can view results between visits to help tailor conversations to patient needs

Patients can view results at home to help with self-management

# VOLUNTEERS AS HEALTH HUMAN RESOURCES: IMPROVING PATIENT/FAMILY EXPERIENCE AND OUTCOMES

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## RESEARCH PROGRAM:

- UNDERSTAND FACILITATORS/BARRIERS TO VOLUNTEER ENGAGEMENT
- INTERVENTIONS TO ALIGN VOLUNTEER WORK WITH “CORE BUSINESS”
- DETERMINE RELATIONSHIP TO IMPROVED PATIENT EXPERIENCE AND OUTCOMES
- INTERSECTORAL COLLABORATION - MODELS OF INTEGRATED CARE

- UPDATE and PLAN OF ACTION – This week in Scotland

- DISCUSSION

THANKS!!!